

HOLLY CLEGG

Cookbook Author, Spokesperson
holly@hollyclegg.com
(225) 938 - 1069

Holly's Recipe to Life

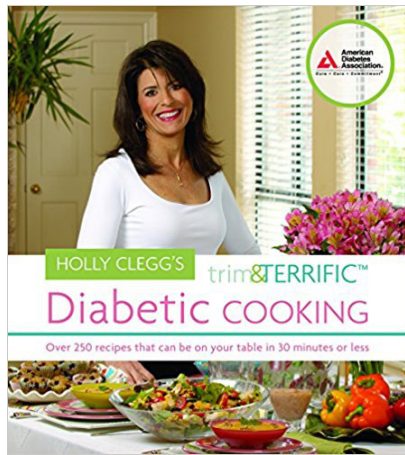
- Over 25 Years Writing Cookbooks
- Over 1.5 million People Using My Cookbooks
- National Shows: Fox & Friends, The 700 Club, NBC Weekend Today Show, QVC, Harry Connick Show
- Consisting of 14 books to-date. The trim&TERRIFIC® series includes the specialized trim&TERRIFIC® Diabetic Cooking, Eating Well Through Cancer, Eating Well to Fight Arthritis and Guy's Guide To Eating Well
- Magazines: Cooking Light Magazine, Huffington Post, WebMD
- Love Coffee In Morning and Wine At Night
- Married 38 years: 3 children + 5 grandchildren + 4 grand dogs



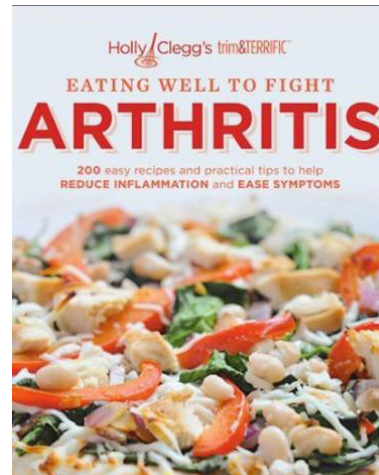
**WOMEN
OWNED**

Certified
WBENC
Women's Business Enterprise

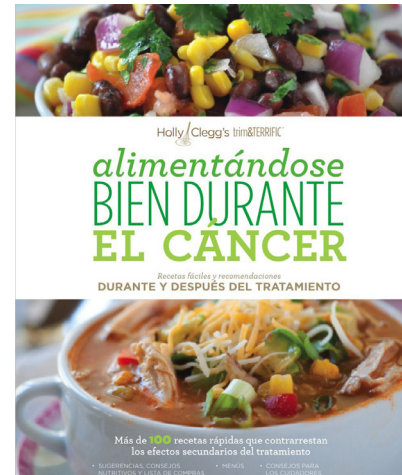
SPECIALIZED



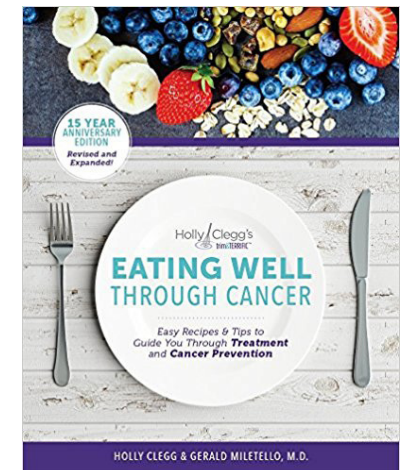
American Diabetes Association - 2008



Self Published - 2013



Self Published - 2014



Self Published - 2016

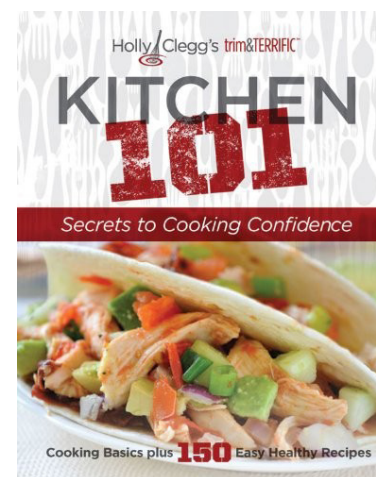
HOLLY CLEGG'S COOKBOOKS



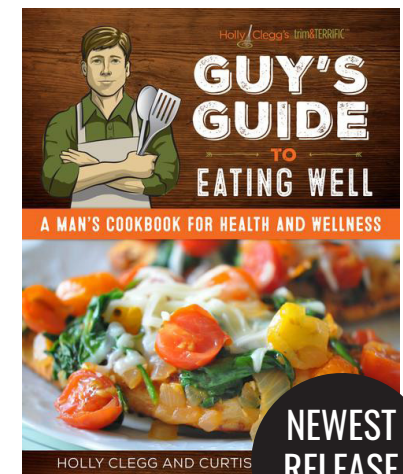
Self Published - 2008



Self Published - 2010



Self Published - 2012



Self Published

NEWEST
RELEASE
2018

HOLLY'S OPPORTUNITIES

MEDIA EXPERIENCES



IVANKA TRUMP



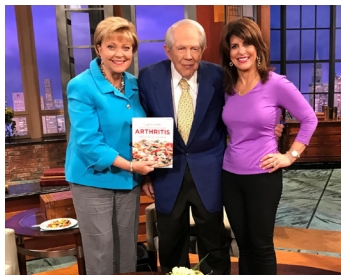
WALMART WEBISODES



FOX & FRIENDS



TIMESQUARE JUMBOTRON



700 CLUB



QVC



NBC WEEKEND TODAY SHOW



HARRY CONNICK SHOW

BRANDS



ASSOCIATIONS



The Times-Picayune

THE ADVOCATE

REGIONAL



Cancer Treatment Centers of America

Winning the fight against cancer, every day.



SPECIALIZED



DUCHESNAY



EDITORIAL CONTRIBUTIONS

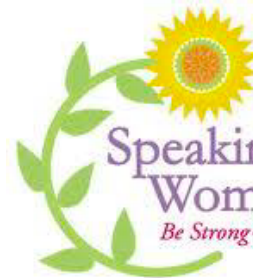
NATIONAL



Outcome HEALTH



American Heart Association
Learn and Live



Speaking of Women's Health™
Be Strong • Be Healthy • Be in Charge

Healthmonitor®

WebMD
Better information. Better health.

CDIABETES.COM
COSTCO | HEALTHY LIVING WITH DIABETES

The Daily Meal™
All Things Food & Drink

HUFFPOST HEALTH

EXPERIENCE AS A DIABETIC RESOURCE

In 2007, Holly wrote trim&TERRIFIC® Diabetic Cooking with the American Diabetes Association. The cookbook provides families with diabetic-friendly, mainstream recipe options that will satisfy everyone.

Holly's been featured as a diabetic expert in USA Today, and on TV shows like Fox & Friends and dLife (CNBC), offering her diabetic-friendly recipes and advice to consumers.

Holly was featured as diabetic expert in April, 2012 on webMD in their diabetic slide show.

Holly was national spokesperson for AmMed Direct, a mail order diabetic supply company, offering consumers that sign-up her exclusive "Keep It Simple" diabetic-friendly recipe pamphlet series.



FEATURED SPEAKER/PRESENTER AT VARIOUS EVENTS

Komen "Think Pink" Luncheon
Baton Rouge Bench Bar Conference, Perdido, FL
Louisiana Dietetic Association, Lafayette, LA
California Nut Festival, Chico, CA
Lake Austin Resort & Spa, Austin, TX
Louisiana State Conference Department of Justice
AHA Go Red Luncheon, Lafayette, LA
Blue Cross Blue Shields Wellness, Baton Rouge, LA
"Louisiana Looking Up 2010" Baton Rouge, LA
Personal Chef Conference, New Orleans, LA

Mayo Clinic, Rochester, MN
IACP 2005 Conference, Dallas, TX
Home & Garden Show Featured Chef, Baton Rouge, LA
Women's Health Alliance, Slidell, LA
Epcot Food & Wine Festival, Disney, Orlando, FL
Wilmot Cancer Center, Rochester, NY
St. Louis Cooks & Entertains Celebrity, St. Louis, MO
IACP 2001 Convention, Minneapolis, MN
47th Annual Tulane Educational Forum, New Orleans, LA
IACP 1999 Convention, Phoenix, AZ
Cooking Light Grandstand, Atlanta, GA

SPOKESPERSON CAPABILITIES

Events/Store Appearances

Recipe Development

Trade Shows

Keynote Speaking

Webisodes

Newsletter/Website Content Development

Integration in Media Opportunities and Social Media

THE **HEALTHY** COOKING BLOG
by *Holly Clegg* 

www.thehealthycookingblog.com

STAYING CONNECTED



7,500 + Subscribers
holly@hollyclegg.com



18, 710 + Fans
Holly Clegg



6,620 + Followers
[@holly_clegg](https://www.instagram.com/holly_clegg)



6,170 + Followers
[@hollyclegg](https://twitter.com/hollyclegg)



972,960 Views
5,000 + Subscribers



6,520 + Followers